



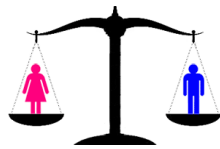
Life without limits for people with disabilities™

Your Human Rights to Fair and Equitable Treatment



Liberty

- I have the right to be treated with Dignity and Respect by everyone
 - I have the right to use my self-determination skills
- I have the right to make choices about my education, living arrangements, self-directed supports, voting and the people who are a part of my support team.
- I have the responsibility to make sure I treat everyone as I want to be treated



Equality

- I have the same rights as everyone regardless of my abilities or disabilities
 - I have the right to advocate for myself and my life path
 - I have the responsibility to respect other people's rights



Privacy

- I have the right to have my own space and not have others come into it if I choose
- I have the right to privacy when changing, bathing, making phone calls, medical appointments, information and my personal space
 - I have the right to be alone in a private space if I need or want to be
- I have the responsibility to respect others' privacy and their personal space.



Association

- I have the right to choose my friends and any community groups I join and socialize with
 - I have the responsibility to be respectful if people don't want to be my friend



Expression

- I have the right to be my own person
- I have the right to express my wants, needs and desires in a judgement-free atmosphere without fear of punishment
 - I have the right to show my beliefs through art, music, religion and political views
 - I have the responsibility to respect other beliefs even if they are different than mine



Property

- I have the right to purchase and own things that make me happy
- I have the right to keep, use, dispose of and legally own the things I like
 - I have the right to use my money to purchase things I like
- I have the responsibility to understand that my expenses of living are the first things that need to be paid before I buy other things



Due Process

- I have the right to be presumed competent unless I am determined incompetent by a court of law
- I have the right to file a grievance and be free from unwarranted physical and chemical restraints
 - I have the right to use the court system for legal issues
- I have the responsibility to follow the law in my actions, words and decisions regarding my life



Safety

- I have the right to feel safe in my home, school, job sites and the community places I visit.
 - I have the right to be free from abuse, mistreatment and neglect from people
 - I have the responsibility to not be abusive to family, friends, staff and caregivers



Health

- I have the right to know about my health and what could be dangerous to my health
 - I have the right to choose the Health Care Providers I want involved in my care
 - I have the right to refuse unnecessary medical treatments, medications and care
 - I have the right to receive treatment to meet all my health needs
- I have the responsibility to educate myself on medications and treatments and their possible side effects before choosing to participate in them.