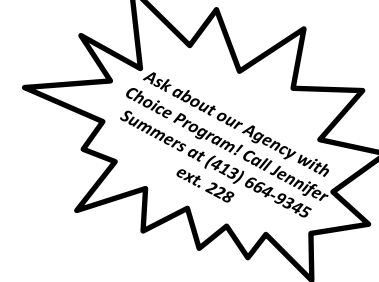


North Adams April 2025

Family Support Center North County Offerings

Please remember that unless otherwise indicated, you must RSVP to all events AT LEAST 2 days prior.
For more information, or to RSVP for events, please contact (413) 664-9345, ext. 200.

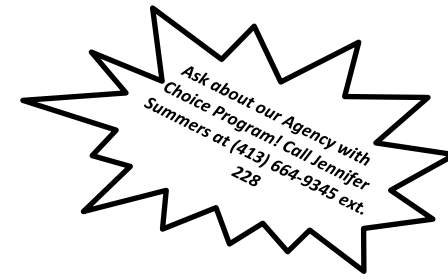


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	California is our state of the month!	1	2 Caregiver Coffee Hour 12:00PM-1:00PM Drop-In 6:00PM-8:00PM Cost: \$25+	3 CATA 4:00PM-5:00PM UCP Family Support Center 101 4:00PM-6:00PM Open Swim 6:00PM-7:00PM	4	5 ACDC Tribute Concert 5:00PM-10:00PM Cost: \$30+
6	7 Book Club 4:00PM-6:00PM	8	9 Beach Party 6:00PM-8:00PM Cost: \$12	10 CATA 4:00PM-5:00PM Open Swim 6:00PM-7:00PM	11	12
13 	14 Book Club 4:00PM-6:00PM Women's Group 6:00PM-8:00PM Cost: \$10	15	16 Peter Rabbit Movie Night 6:00PM-8:00PM Cost: \$10	17 CATA 4:00PM-5:00PM Open Swim 6:00PM-7:00PM	18	19 
20	21 Book Club 4:00PM-6:00PM	22 Self-Advocates 5:00PM-6:00PM Cost: \$2	23 California Bingo 6:00PM-8:00PM Cost: \$10	24 CATA 4:00PM-5:00PM Parent Advisory Group 6:00PM-7:00PM Open Swim 6:00PM-7:00PM	25 Caregiver Coffee Hour 3:00PM-4:00PM	26
27 	28 Book Club 4:00PM-6:00PM Men's Group 6:00PM-8:00PM Cost: \$10	29	30 Downtown Walk 6:00PM-8:00PM Cost: \$25+			

Pittsfield April 2025

Family Support Center Central County Offerings

Please remember that unless otherwise indicated, you must RSVP to all events AT LEAST 2 days prior.
For more information, or to RSVP for events, please contact (413) 664-9345, ext. 200.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	California is our state of the month!	1 CATA 4:00PM-5:00PM	2 Caregiver Coffee Hour 12:00PM-1:00PM <hr/> Drop-In 6:00PM-8:00PM Cost: \$25+	3 UCP Family Support Center 101 4:00PM-6:00PM <hr/> Open Swim 6:00PM-7:00PM	4	5 ACDC Tribute Concert 5:00PM-10:00PM Cost: \$30+
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27 	28 Book Club 5:00PM-6:00PM <hr/> Men's Group 6:00PM-8:00PM Cost: \$10	29 CATA 4:00PM-5:00PM	30 Downtown Walk 6:00PM-8:00PM Cost: \$25+			

PLEASE SIGN UP TWO DAYS PRIOR TO ALL UCP EVENTS!

Events for April 2025

**Please sign up for each event by calling
(413)664-9345 ext. 200**

**For Zoom events, the link will be sent out after you sign up and give your
email!**

The state of the month is California!



Monday's:

- **Book Club (North Adams & Pittsfield)**
 - ❖ Join staff and other members as they journey through the pages of the classics! We will try to read a new book every month! We are continuing with the book “Cinder” by Marissa Meyer. This event will be held every **Monday in April from 4:00PM-6:00PM via Zoom.**



Tuesday's:

- **CATA Drumming (Pittsfield)**
 - ❖ Drumming is back! Come jam to the rhythm of the music with instructor Katie! **This drumming series will run every Tuesday in April from 4:00PM-5:00PM at the Pittsfield office.**

Wednesday's:

- **Drop-In! (North Adams and Pittsfield)**
 - ❖ COME ONE! COME ALL! Stop in to the UCP Offices and say hello! Come and learn all about California, which is the state of the month! Did you know that California is home to the worlds largest tree? California also produces 80% of the worlds almonds! Join us to learn more fun facts and trivia! This is a great opportunity to meet new people and explore what the UCP Family Support Centers have to offer! For dinner, feel free to bring money to order out, eat beforehand, or bring your dinner with you! **If you choose to order out, please bring at least \$25. This event will be held Wednesday, April 2 from 6:00PM-8:00PM.**



- **Beach Party (North Adams and Pittsfield)**
 - ❖ California knows how to party! What better way to celebrate California and all their beautiful beaches than with an indoor beach bash? Jump into the summer spirit with us early and don't forget your sunglasses! A variety of delicious appetizers and finger foods will be served for dinner! **This event will take place on Wednesday, April 9 from 6:00PM-8:00PM and will cost \$12 to attend.**



- **Peter Rabbit Movie Night (North Adams and Pittsfield)**

- ❖ Who doesn't love Beatrix Potter and the story of Peter Rabbit? Join us for a "hoppin" movie night with your peers! Popcorn and all! Walking tacos with all the toppings will be served for dinner! **This event will take place on Wednesday, April 16 from 6:00PM-8:00PM and will cost \$10 to attend.**



- **California Bingo**

- ❖ Let's learn all about the great state of California! How much knowledge do you have? This is your chance to become the trivia master! A homemade hot French dip sandwich and "computer" chips will be served for dinner! **This event will take place on Wednesday, April 23 from 6:00PM-8:00PM and will cost \$10 to attend.**



- **Downtown Walk**

- ❖ With Spring on the way, let's get outside and enjoy the fresh air! Join UCP on a walk through downtown North Adams. Come and check out the different art galleries, stores, and sights! The group will be stopping at Ramuntos for dinner! **This event will take place on Wednesday, April 30 from 6:00PM-8:00PM and cost \$25+ to attend.**

Thursday's:



- **CATA Visual Arts (North Adams)**

- ❖ Join art teacher Lauren Coyne as she teaches you different tips, tricks, and techniques to creating a masterpiece! **This visual art series will run every Thursday in April from 4:00PM-5:00PM at the North Adams office.**

- **Open Swim (Pittsfield)**

- ❖ Pre-registration is required each week! Please contact (413) 664-9345 ext. 200 to sign up! Open Swim is back for all UCP members and families! **This program is free and will be offered every Thursday in April from 6:00PM-7:00PM at the Gladys Allen Brigham Center.**



ATTENTION! WEEKEND OFFERINGS!



Saturday (North Adams and Pittsfield)

- **AC/DC Tribute Band**

- ❖ The "True AC/DC Experience" show performed by BACK IN BLACK has been touring the United States since 1990, entertaining audiences with their accurate replication of AC/DC's music old and new. Armed with an impressive song list of over 80 songs you are sure to be pleased. The high energy live show, professional sound and production, and exact song replication will surely leave you wanting more! **This event will take place on Saturday, April 5 from 5:00PM-10:00PM. Please ensure you eat dinner beforehand. This event will cost \$30+. Tickets are \$30, and then ensure you bring any extra money for food/drinks and souvenirs.**



Rejoin some pastime favorites!



❖ **Parent Advisory Group:**

Your input is vital! HELP! HELP! HELP! UCP is looking to create an active Parent Advisory Group to help choose family trainings, events to enhance programming, and a chance to share your thoughts about what the future holds for your member, for the agency, and your options through Department of Developmental Services! **This event will be on Thursday, April 24th from 6:00PM-7:00PM via Zoom.**

❖ **Men's Group:**

This month the gentlemen of UCP will be gearing up to watch a Wrestlemania Party! Who will be the champion? Fresh turkey club wraps will be served for dinner! **This event will take place on Monday, April 28 from 6:00PM-8:00PM and will cost \$10 to attend.**

❖ **Women's Group**

Do you enjoy painting and creating your own art? Join the ladies this month for a paint by numbers class! What kind of photo and colors will you paint? A variety of finger sandwiches will be served for dinner! **This event will take place on Monday, April 14th from 6:00PM-8:00PM and will cost \$10 to attend.**

❖ **Self-Advocates:**

We need you!! The Self-Advocates group is BACK! Join your peers on **Tuesday, April 22 from 5:00PM-6:00PM** and catch up, chat, and brainstorm new ideas and innovations! Self-advocates is always looking for new members, so join a meeting and see what we are all about! **This event costs \$2.00.**

- ### ❖ **Caregiver Coffee Hour:** You bring the coffee; we will bring the conversation! Join Care Manager Meghan Robertson-Hayes to talk about issues, current events, or any other topic ideas you may have! This is also a great time to brainstorm ideas to enhance programming! All ideas are welcome! **This event will be held Wednesday, April 2 from 12:00PM-1:00PM and Friday, April 25 from 3:00PM-4:00PM via Zoom.**



If you have not already and want to be on our email list for calendars, activities, and special events, please call (413) 664-9345 ext. 200 to get your name and email on our electronic list!



UCP Family Support Center 101

How can we help support you and your family?

Date: April 3, 2025

Location: 292 North Street Pittsfield, MA 01201 (Pittsfield YMCA Lobby)

Time: 4:00PM-6:00PM



An opportunity for families, individuals, professionals, and the community to bring questions to the UCP Family Support team and to hear information about:

- ❖ **How to obtain services.**
 - ❖ **Services that are available to children, teens, and adults.**
 - ❖ **How can you change your services to better fit your needs?**
 - ❖ **Department of Developmental Service (DDS) eligibility application assistance.**
- ❖ **Community resources.**
- ❖ **Training opportunities.**
- ❖ **Recreational opportunities.**

Mark your calendars!
You don't want to miss this opportunity!



JOIN US FOR THE
**5TH ANNUAL AUTISM AWARENESS WALK
& RESOURCE FAIR!**

HOSTED BY FAMILIES LIKE OURS

April 19, 2025

11:00am-2:00pm

Rain Date 04/26/2025

**Monument Mountain High School Track
600 Stockbridge Rd, Great Barrington, MA 01230**

Celebrate community, inclusion, and awareness while supporting individuals with special needs and their families. Bring your friends, family, and neighbors!



FAMILIES LIKE OURS
140 WEST AVENUE
SUITE A
GREAT BARRINGTON, MA 01230

HOW YOU CAN GET INVOLVED:

- PARTICIPATE IN THE 5K WALK
- DONATE TO SUPPORT FUTURE EVENTS
- VOLUNTEER TO HELP MAKE THE DAY A SUCCESS
- CHECKS CAN BE MADE PAYABLE TO FAMILIES LIKE OURS
- SHARE THE EVENT WITH YOUR COMMUNITY!

WHAT TO EXPECT:

- A FUN AND ENERGIZING 5K WALK
- RESOURCE FAIR
- LIVE MUSIC WITH DJ CHAMP!
- FAMILY-FRIENDLY ATMOSPHERE

ALL ARE WELCOME!

FOR MORE INFORMATION, VISIT:
WWW.FAMILIESLIKEOURSINC.COM
CONTACT US AT: (413) 854-3971
RANIA@FAMILIESLIKEOURSINC.COM
LET'S WALK, CELEBRATE, AND MAKE A DIFFERENCE TOGETHER!



Rania Markham
@familieslikeours



venmo

Scan the code to pay

**FUN FOR THE WHOLE FAMILY - WAGON, STROLLER,
WHEELCHAIR, BIKE, SCOOTER FRIENDLY TRACK**

BERKSHIRE TALKING CHRONICLE

WRRS 104.3 LPFM

PRESENTS

BINGO BASH!

SATURDAY

APRIL 5TH

**JOIN US FOR
BINGO BASH! WIN
GREAT PRIZES! 2PM
IN THE COMMUNITY
ROOM AT ZION
CHURCH OF
PITTSFIELD.
74 CHURCH ST.**



DOORS OPEN AT 1:30PM

**suggested donation \$5 per card
information: 413-442-1562 X. 122**





Join UCP Self Advocates

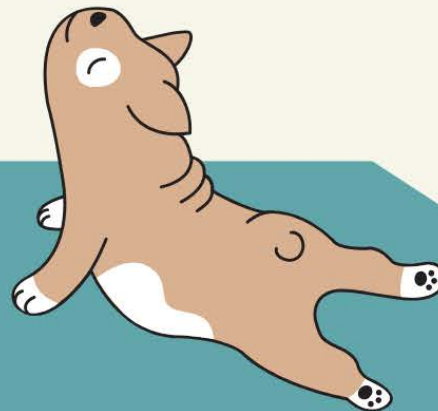
For a Fundraiser for No Paws Left Behind.

We will be collecting needed items such as : Dog food , Cat food, household supplies, dog treats, cat treats, dog toys , and cat toys.

This Fundraiser will begin March 10th through April 14th

For questions , please contact Carrie at CPIaggi@ucpwma.org

Drop offs will be in both the N; Adams and Pittsfield Offices. Boxes are located in Emily's offices



April Right of the Month

Safety



What that means:

- I have the right to feel safe in my home, school, job sites, and the community places I visit.
- I have the right to be free from abuse, mistreatment, and neglect from people.

What I am responsible for with that Right:

I have the responsibility to not be abusive to family, friends, staff, and caregivers.

****UCP Supports the Rights and Responsibilities of all our members****